

# Building Capacity for Disability Inclusion in Gender-Based Violence Programming in Humanitarian Settings

## Tool 12: Documenting “Stories of Change”

### Purpose of this tool

This tool can be used to document how persons with disabilities and caregivers have been included in GBV activities, and what has been the most important change for them. The tool includes questions to facilitate a group discussion with people with disabilities and caregivers. It can help program staff understand the actions that make their programs more accessible to and inclusive of people with disabilities and caregivers, and gather ideas about next steps. A stakeholder workshop can also be convened to provide space for persons with disabilities and caregivers to share their stories, and use these for program evaluation and planning.

**Please note:** This tool **should not be used with GBV survivors**, but rather with community members who have participated in other types of social or economic programming or prevention work.

Facilitator: \_\_\_\_\_

Note-taker (if applicable): \_\_\_\_\_

Date: \_\_\_\_\_ Location: \_\_\_\_\_

Translation:    Yes    No

If yes, the translation was from \_\_\_\_\_ (language)

to \_\_\_\_\_ (language)

Group description: \_\_\_\_\_

(e.g., adolescent girl with disabilities; female caregiver)

### INSTRUCTIONS

- Introduce all facilitators and translators.
- Present the purpose of the activity:

*“We want to find out how you have been included in GBV activities and what has allowed you to participate. We will ask you to share examples, stories and things you think other people should do in their programs. You can choose to share your story in any way you like. You could tell it to others or write it down; you could use a drawing; or you could take some photographs*

## Tool 12: Documenting “Stories of Change”

*to help tell your story. You may like to do this on your own or with a friend or family member. It is your choice. We will then have a meeting where people can come to share these stories and learn from each other.”*

- Get consent from participants:
  - » People should be asked about consent before the activity begins. Explain that participation in these exercises is completely voluntary. People are free to withdraw from the activity at any time, without giving reasons. Participating or not participating is not connected to any use of or entitlement to current or future services or activities.
  - » Explain how the stories might be shared and used before anyone starts to share their story. Explain that they can also share their anonymously, if preferred.
- Agree on confidentiality:
  - » Be clear with participants that there is no need to share personal experiences of violence, and that they are welcome to talk about their general participation in services, activities and so on.

For people with limited communication abilities, ask caregivers: ***How does [state the name of the person] tell you that she/he is unhappy or uncomfortable with something? What makes her/him happy or sad?*** Use this information to facilitate the interview if verbal communication is not possible, and respect any indications that the participant is not comfortable or willing to continue.

### QUESTIONS TO GUIDE STORY DOCUMENTATION<sup>1</sup>

**Tell me a bit about yourself.** How long have you been living here? Who lives in this household with you?

---

---

---

---

---

**What kind of community GBV activities do you and your family members participate in?**

Ask probing questions relating to specific activities that are running in the community.

---

---

---

---

---

**Tell me a story that describes the most important change or outcome for you since participating in these activities.**

Alternative phrasing: Tell me a story about the outcome of these activities for you. How have they



## Tool 12: Documenting “Stories of Change”

### How (if at all) did organizations working on GBV contribute to these changes?

Ask probing questions. What did our programs and staff do to help these changes happen? Can you tell me more about this?

---

---

---

---

---

### What would you like to do next?

What kinds of activities or programs are you interested in now? What kinds of things would you like to participate in? What prevents you from participating? How could we help you to participate in this activity?

---

---

---

---

---

### Recommendations

What ideas or suggestions do you have for ways we can improve the GBV program in this community for persons with disabilities? What are the three key messages you want to give to people running GBV programs?

---

---

---

---

---

### CONCLUDE THE DISCUSSION

- Thank individuals for their participation and contributions.
- Clarify the next steps for sharing stories with other stakeholders.

1. Adapted from: MSC Technique and Guide to Its Use, R. J. Davies & J. Dart (2004). <http://www.mande.co.uk/docs/MSCGuide.pdf>

To download the report *“I See That It Is Possible”: Building Capacity for Disability Inclusion in Gender-based Violence Programming in Humanitarian Settings*, the complete *Toolkit for GBV Practitioners* and *Stories of Change*, visit [http://wrc.ms/disability\\_GBV](http://wrc.ms/disability_GBV)