# "More Than One Million Pains": Sexual Violence Against Men and Boys on the Central Mediterranean Route to Italy

# Report Summary

Every year since 2014, tens of thousands of refugees and migrants have traveled the central Mediterranean route to Italy, one of the most active and dangerous migration passageways in the world. Along the way, many experience kidnapping, exploitation, extortion, and enslavement. Large numbers die in the desert, are confined to hellish detention centers in Libya, or drown at sea. Sexual violence against refugee and migrant women and girls is rampant throughout the route. Women and girls also face sexual violence, including sexual exploitation and trafficking, in Italy. Less is known about the men and boys who undertake this journey. These knowledge gaps are of concern, given that an estimated 87.5 percent of refugees and migrants who have entered Italy via the central Mediterranean route since 2016 are men and boys, the latter of whom are largely unaccompanied.

The Women's Refugee Commission (WRC) conducted a qualitative exploratory study to examine the nature and characteristics of sexual violence perpetrated against refugee and migrant men and boys traveling the central Mediterranean route to Italy. We also looked at intersections with violence against women and girls. In October 2018, WRC undertook fieldwork in Rome and Sicily. Methods included key informant interviews with 63 humanitarian personnel and service providers, 10 focus groups with 52 refugees and migrants, and two focus groups with 10 guardians and service providers. The University of New South Wales granted ethics approval for this study and The University of Palermo's Department of Psychological, Pedagogical, and Education Services reviewed and approved the research protocol.

This study was conducted against the background of measures that the European Union (EU) and its member states, particularly Italy, have enacted to stem the flow of migration from Libya. The EU is providing millions of euros to support training, equipment, and technical assistance for the Libyan Coast Guard to intercept and forcibly return refugees and migrants crossing the Mediterranean. The EU has also committed significant financial support to Libya's Ministry of the Interior to enhance the country's detention infrastructure and support staff capacity building. The Italian government has passed measures forcing NGO search and rescue boats in the Mediterranean to cease operations. This, in addition to our findings, informed our recommendations.

#### What we found

- Sexual violence against all refugees and migrants—women, men, girls, boys, and persons with diverse sexual orientation, gender identity and expression, or sex characteristics (SOGIESC)—appears to be commonplace along the central Mediterranean route. Sexual violence, including conflict-related sexual violence and sexual abuse within families, is a reason why some refugee and migrant men and boys leave their home countries. During the journey to Italy, they encounter sexual violence at borders and checkpoints, during random stops by armed groups, and while kidnapped and imprisoned.
- 2. Sexual violence, including sexual torture, against female and male refugees and migrants appears widespread in Libya. Sites of sexual violence include official detention centers, clandestine prisons, in the context of forced labor and enslavement, during random stops and at checkpoints, in urban settings by armed groups, and in private homes. Sexual victimization is usually not a single event; findings suggest that refugees and migrants are repeatedly exposed to multiple forms of sexual violence by a variety of perpetrators in contexts of impunity.
- 3. Sexual violence is perpetrated in ways that involve and impact both women and men. Men and boys are forced to witness sexual violence against women and girls in official and unofficial centers of captivity and in the desert. It was also frequently reported that men and boys are forced to rape women and girls, including family members. Women are also forced to perpetrate sexual violence against men and boys.
- 4. In Italy, some refugee and migrant adolescent boys, young men, and persons with SOGIESC are being sexually exploited and abused, although the extent is unknown. Little attention has been given to primary prevention of sexual exploitation and abuse among refugees and migrants in Italy.
- 5. The short- and long-term psychosocial and health impacts of sexual violence against men and boys are wide-ranging, as they are for women and girls. Impacts include depression; anxiety; post-traumatic stress disorder; sexually transmitted infections, including HIV; genital and rectal trauma; hemorrhoids; sexual dysfunction; and urinary problems. With good quality treatment and support, many survivors are able to achieve some degree of recovery.

- 6. In select cities in Italy, a handful of local organizations are providing comprehensive, good quality services for male and female survivors, yet need far outweighs service availability. In general, the existing networks of post-sexual violence service providers are not equipped to respond to male survivors and are unable to adequately meet the needs of female survivors.
- 7. The study found multiple barriers that undermine male and female survivors' access to care, and identified enablers that could be leveraged or built upon to facilitate service uptake. In Italy, where the study was conducted, barriers include anti-migration legislation, socio-cultural norms and beliefs, communication barriers, limited awareness of the issue among service providers, and poor referral networks. Enablers include supportive legislation for male sexual violence survivors, robust civil society efforts, and existing models of service provision for male and female refugee and migrant survivors of sexual violence that can be replicated.

# **Our top recommendations**

#### To the EU and its Member States:

- In keeping with international legal obligations, including refugee, human rights, and humanitarian law, respect the principle of non-refoulement (that is, the forcible return or transfer of persons to another country or territory where he or she would be at risk of torture or other serious human rights violations).
- End all policies and practices that directly and indirectly support the forced return of refugees and migrants to Libya, and ensure that any cooperation with or support to Libyan institutions aligns with international legal obligations.

#### To the Italian authorities:

- Reopen harbors and ports to NGO search and rescue ships, end the criminalization of vessels, and reactivate search and rescue by the Italian Coast Guard.
- Develop and implement targeted efforts to prevent, mitigate, and respond to sexual violence and exploitation among male and female refugees and migrants inside and outside of the formal reception system.

#### To UNHCR, UNICEF, IOM, and other international humanitarian actors:

- Continue to work closely with Italian authorities to support capacity development of national institutions and provide technical input on policy development to enhance prevention, mitigation, and response to sexual violence for all refugees and migrants.
- Continue to support efforts to enhance capacity of service providers and frontline workers to prevent and respond to sexual violence, including enhancing awareness of sexual violence against men and boys, reducing stigmatization of female and male survivors, and improving appropriate and timely referral of survivors.

## To service providers:

- Ensure all efforts related to sexual violence prevention, mitigation, and response are survivor-centered.
- Where possible, expand service provision for male and female sexual violence survivors and survivors with diverse SOGIESC, including clinical management of sexual violence, mental healthcare and psychosocial support, legal aid, and access to protection.

#### To donors:

- Fully fund the 2019 Libya Humanitarian Response Plan, which would provide \$202 million to ensure safe and dignified access to essential goods and critical public services and enhance protection for people in need of humanitarian assistance.
- Fund relevant programs to better prevent, mitigate, and respond to sexual violence and exploitation in countries of origin, throughout migration routes to Europe, and in Europe.

## **Women's Refugee Commission**

The Women's Refugee Commission (WRC) improves the lives and protects the rights of women, children, and youth who have been displaced by conflict and crisis. We research their needs, identify solutions, and advocate for programs and policies to strengthen their resilience and drive change in humanitarian practice. Since our founding in 1989, we have been a leading expert on the needs of refugee women, children, and youth and the policies that can protect and empower them.

The full report, a summary for community contributors, and an adolescent-friendly summary are available in English and Italian at <a href="https://www.womensrefugeecommission.org/svproject">https://www.womensrefugeecommission.org/svproject</a>.