Five Actions You Can Take to Help End Family Separation and Support Families

The Trump administration’s barbaric policy of separating asylum-seeking families at the border is an assault on family unity, the legal standing of asylum seekers, and our morality. This inhumane practice has only ramped up in recent months with Attorney General Sessions’ announcement of the so-called “zero-tolerance” policy for migrants and asylum seekers, where he compared mothers fleeing violence with their children to smugglers.

Requesting asylum is a fundamental human and legal right—and a last resort for those seeking safe haven. Above all, families fleeing with children should not be separated. Until this practice ends, the Women’s Refugee Commission (WRC) will not stop fighting at every turn, and with every resource at our disposal. Here’s how you can help.

1. **KNOW THE FACTS**
   - Learn the facts about family separation at the border. This joint [resource](#) from WRC and KIND answers some frequently asked questions about this rapidly evolving issue.
   - Watch and share WRC’s 30-second [video](#) on family separation.

2. **DONATE MONEY OR SUPPLIES**
   - [Donate to WRC](#). Your support directly helps our advocacy efforts to help end family separation.
   - Check with your local shelters and houses of worship about what donations they may want and need for migrant and asylum-seeking families.

3. **CONTACT YOUR U.S. SENATORS AND REPRESENTATIVES**
   - Encourage them to speak out against family separation and hold the administration accountable through statements, letters, and social media.
   - Urge them to decrease the funding for Immigration and Customs Enforcement (ICE) and Customs and Border Protection (CBP) that enables the administration’s family separation practices.

4. **SPREAD THE WORD**
   - [Sign our petition](#) to end family separation now.
   - Follow us on [Twitter](#) and [Facebook](#) for up-to-the-minute information; amplify the impact of your posts by adding the hashtags #EndFamilySeparation or #KeepFamiliesTogether; and [sign up](#) for our e-mail list to stay connected.

5. **VOLUNTEER WITH LOCAL ORGANIZATIONS**
   - Call local congregations with affected families and ask what they need.
   - Consider becoming a [detention visitation volunteer](#).
   - If you are an attorney, an interpreter, or fluent in a second language, call legal service providers to volunteer your services. [Find a list here](#).