

Adolescent Program Case Study
Health Provider Key Informant Interview Guide
Adapted from FOCUS Interview Guide for Staff Providing SRH Services and
Inventory for Facilities and Services

Interviewer:	Date:
Level of health facility (Referral hospital, regional hospital, district hospital, health center, health post, mobile health clinic, pharmacy, clinic in non-permanent facility such as youth center or school, other):	Interview location:
Type of facility (MoH, FP association, NGO(national, international), missionary, private):	Locality of facility (rural, urban, peri-urban):
Begin time:	End time:

1. What is your position and how long have you been working at this facility? What are your primary responsibilities?

2. What is the age range of the adolescents you serve at this facility?

3. What is the structure of this facility?
 - a. Is it an adolescent-only facility; does it have adolescent-only facility hours; or does it have integrated services for adolescents and adults?

4. What sexual and reproductive health services does this particular facility provide to adolescent clients?

Service	Yes/No	Days and hours when service is available	Comments
Gynecological exam			
Pregnancy testing			
Family planning/pregnancy prevention			

Sexually transmitted infection (STI) care and treatment			
Antenatal care			
Delivery/post-natal care facilities			
Fistula treatment			
Abortion or treatment of incomplete abortion			
Post-rape care			
HIV prevention, care and treatment			
Mental health and counseling services			
Other			

5. For your family planning program specifically:

	Yes	No	Comments
Is parental or spousal consent required for an adolescent to obtain a family planning method?			
Are there any exams or tests required for adolescents to obtain contraceptive methods?			If yes, what exams or tests?
Do you consistently have the equipment and supplies you need to provide the family planning services sought by your adolescent clients? ¹			If not, what is often lacking or in short supply?

¹ SEED Discussion Guide 4.

6. What family planning options are currently being provided at this facility? *(Mark all that apply)*

Item	Yes	No	Does facility offer this today?		Frequent stock outs?		Is the commodity free?		Comments (Note adequate stock, if expired, cost per commodity if applicable, state of storage; i.e., unopened/undamaged, associated equipment, etc.)
			Yes	No	Yes	No	Yes	No	
Counseling									
Male Condoms									
Female Condoms									
Combined oral contraceptive (COC)									
Progestogen-only oral contraceptive (POP)									
Injectables (e.g., Depo Provera, Noristerat)									
Intrauterine Contraceptive Devices									
Emergency Contraceptive Pills									
Implants									
Tubal ligation (TL)									
Vasectomy									
Lactation Amenorrhea Method (LAM) <i>(Information provided)</i>									
Natural (specify): <i>(Information provided)</i>									

Other (specify):									
Is dual method use promoted in this facility?									

7. What kind of outreach does the family planning component provide?

(Mark all that apply)				
Activities	Yes	No	If yes, specify the target population (adolescent boys/girls and average number of attendees)	Comments
Special family planning clinic days				
Mobile outreach for family planning				(Examples: outreach services for long-term or permanent methods)
Community-based distribution				(Examples: kiosks and depots among other market approaches, door-to-door distribution and clinic outreach)
Information, education communication, efforts				(Examples: brochures, posters, information sessions, dramas, satisfied users, etc.)
Peer Educators				

Other (specify):				
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8. In what ways are adolescent family planning services integrated with other adolescent sexual and reproductive health services at this facility?

9. What aspects of this program help to ensure that adolescents are able to access sexual and reproductive health services?²
 Probe for:
 - Convenient location and hours for adolescents?
 - Special space/sufficient privacy?
 - Health care workers/program staff trained in interacting with adolescents regarding health care issues?
 - Do adolescents have to pay for services? If so, which ones and how much? What if they do not have money?
 - Are there any peer counseling programs linked to this facility?

10. Please describe the referral system between your program and other organizations, facilities, community based distributors, programs or schools serving adolescents?³
 - a. Probe: How is referral completion encouraged or facilitated?
 - b. Probe: How does the program follow-up with adolescent family planning clients to find out more about whether they completed their referral and/or about their experience using family planning services?

11. Please describe any other partnerships or linkages that are important to the program. How are these stakeholders involved in helping to make the program effective?

12. What do adolescents (10-19 years) say or think about the sexual and reproductive health services, including family planning, offered by this program?
 - a. Probe: What do very young adolescents (10-13) say or think about the sexual and reproductive health services, including family planning, offered by this program?

13. How would you define the age range of adolescents?
 - a. Probe: How do you feel about providing sexual and reproductive health services to adolescents?

² UNHCR/Women's Refugee Commission/CDC Family Planning Baseline Study.

³ SEED Discussion Guide 4.

- b. Probe: Are there certain family planning methods you think are more appropriate for adolescents?
- 14. What training have you had specifically related to providing sexual and reproductive health services to adolescents?
 - a. Probe: How many of the other facility staff have participated in similar training?
- 15. What training have you had specifically related to delivering family planning services?
 - a. Probe: How many of the facility staff have participated in similar training?
- 16. In your opinion, what are the biggest constraints to offering sexual and reproductive health services, particularly family planning services, to adolescents?⁴
 - a. Probe: How have community or parental perspectives influenced this?
- 17. How has this program identified and addressed such constraints? Are there examples of ways in which the program was changed over time to improve the delivery of adolescent sexual and reproductive health services, particularly family planning counseling and services?
 - a. Probe: Did any of these changes result in actual increases in contraceptive uptake?
 - b. Probe: What do you think about the data collection system? How do you record the data and do you take part in the data analysis and interpretation?
- 18. Overall, what do you think are the key reasons why your program has been effective at providing adolescents with sexual and reproductive health information and services?

⁴ SEED Discussion Guide 4.