Bolia (16 years old)

“Sometimes we are just not included in activities or discussions, but there are things that are really important to us, as a group. For example, we want to learn things, we want to go to school, we want to make friends, we want to be productive. Someday, some of us want to be wives and mothers, but people forget about girls with disabilities. They forget we have goals and dreams sometimes.

“I really feel grateful to the staff at the IRC, they have done a lot for me. Over the past year, I have most enjoyed the recreational activities, like learning to sew and make bed sheets. I saw that there is a lot that we can achieve. I can learn, I can work, and I can do professional training. I can be more than just a wife to someone; I can be a better version of myself. The activities have been inspiring and the friends I have met were very important to me. We have set goals together.”