

by the Women's Commission for Refugee Women and Children on behalf of the Reproductive Health Response in Conflict (RHRC) Consortium

www.rhrc.org

Adolescents have unique needs and strengths, which reproductive health programs and policies must specifically address in order to be effective among youth. Through its experience in supporting adolescent reproductive health (ARH) among conflict-affected populations, the Women's Commission for Refugee Women and Children has gathered resources on addressing these unique needs. [1]

The following list is a collection of resources on adolescent reproductive health. Resources that specifically address refugee, internally displaced and other conflict-affected youth are identified by a red star ★. The dearth of red stars on the list serves as a clear indicator of the scarcity of publicly available information and resources on ARH programming in conflict settings. The remaining resources are targeted to development settings but still can be useful among conflict-affected populations.

These resources can assist program managers, advocates and policy makers in their efforts to improve ARH. Although not a comprehensive list, the resources detailed below provide a central location for some basic information about the major technical areas of reproductive health programming, different approaches and intervention strategies, both established and emerging, and specific training materials, in addition to other resources on advocacy, project funding and specific projects' experiences.

Obtaining Copies of Resources

The majority of the resources listed below are available in English only. Those that are available in other languages are noted as such. An abbreviated listing of resources in Spanish and French is available from the Women's Commission upon request.

Most resources in this list are available on the Internet via free download. The majority of files is in PDF format and requires <u>Adobe Acrobat Reader</u> software to be viewed. Specific website addresses for these files are provided below in the resource citation.

However, a limited number of citations below are not available from the Internet, but instead are resources that have been collected in hard-copy format by the Women's Commission. For copies of these resources, please email your request to: info@rhrc.org.

Contact Information

The Women's Commission for Refugee Women and Children 122 E. 42nd Street, 11th Floor New York, NY 10168

Tel: 212.551.3112 Fax: 212.551.3180

Email: info@womenscommission.org















TECHNICAL AREAS

Safe Motherhood

- "An Assessment of Services for Adolescents in Prevention of Mother-to-Child Transmission Programs" www.fhi.org/NR/rdonlyres/eedlvrphjdxqgk4ryukt4hf3pqalt3slitq6ffe73na7mxsr56r4b3q6wubtdit5iczilz6pxvf I5f/YouthPMTCT.pdf, FHI Youth Research Working Paper 4, FHI, 2006, PDF, 54 pages.
- "Adolescent Pregnancy: Issues in Adolescent Health and Development" www.who.int/childadolescenthealth/New_Publications/ADH/ISBN_92_4_159145_5.pdf, WHO discussion paper on Adolescence, WHO, 2004, PDF, 92 pages.
- "HIV and Infant Feeding Counselling: A Training Course" <u>www.who.int/childadolescenthealth/publications/NUTRITION/HIVC.htm</u>, World Health Organization, 2000. PDF, 238 pages.
- "Making Safe Motherhood a Reality in West Africa: Using Indicators to Program for Results" www.unfpa.org/upload/lib_pub_file/149_filename_safemwestfrica.pdf, UNFPA and AMDD, 2003,PDF, 36 pages.
- "Post-abortion Care (PAC) Programs for Adolescents"
 www.pathfind.org/pf/pubs/focus/pubs/YARH Briefs/bri5fin.pdf, FOCUS on Young Adults/Pathfinder International, by Jeannine Herrick, Ipas, PDF, 2 pages.
- "Postponing First and Second Births among Young Marrieds"
 www.pathfind.org/pf/pubs/focus/pubs/YARH Briefs/bri4fin.pdf, FOCUS on Young Adults/Pathfinder International, by Ubaidur Rob, Population Council, and Nancy PietPelon, PDF, 2 pages.
- "Pregnant Adolescents: Delivering on Global Promises of Hope" www.who.int/childadolescenthealth/New_Publications/ADH/ISBN_92_4_159378_4.pdf, WHO/UNFPA, 2006, PDF, 22 pages.

Family Planning

- "Adolescent Cue Cards: Combined Oral Contraceptives (COCs)"
 www.pathfind.org/site/DocServer/COC1.pdf?docID=508, Tools to teach contraceptive choices. Pathfinder International, PDF, 2 pages.
- "Adolescent Cue Cards: DMPA: The Injectable Contraceptive"
 www.pathfind.org/site/DocServer/DMPA3.pdf?docID=506, Tools to teach contraceptive choices.
 Pathfinder International, 2 pages.
- "Adolescent Cue Cards: Emergency Contraception Pills (ECPs)"
 www.pathfind.org/site/DocServer/ECP5.pdf?docID=504, Tools to teach contraceptive choices. Pathfinder International, 2 pages.
- "Adolescent Cue Cards: Female Condom" <u>www.pathfind.org/site/DocServer/femalecondom8.pdf?docID=501</u>, Tools to teach contraceptive choices. Pathfinder International, 2 pages.















- "Adolescent Cue Cards: Intrauterine Device (IUD)"
 <u>www.pathfind.org/site/DocServer/IUD2.pdf?docID=507</u>, Tools to teach contraceptive choices. Pathfinder International, 2 pages.
- "Adolescent Cue Cards: Lactational Amenorrhea Method (LAM)" <u>www.pathfind.org/site/DocServer/LAM6.pdf?docID=503</u>, Tools to teach contraceptive choices. Pathfinder International, 2 pages.
- "Adolescent Cue Cards: Male Condom" <u>www.pathfind.org/site/DocServer/Malecondom4.pdf?docID=505</u>, Tools to teach contraceptive choices. Pathfinder International, 2 pages.
- "Adolescent Cue Cards: Norplant" <u>www.pathfind.org/site/DocServer/norplant7.pdf?docID=502</u>, Tools to teach contraceptive choices. Pathfinder International, 2 pages.
- "At the Crossroads: Accelerating Youth Access to HIV/AIDS Interventions" www.unfpa.org/upload/lib_pub_file/316_filename_UNFPA_Crossroads.pdf, UNAIDS, InterAgency Task Team on Young People, 2004, PDF, 12 pages.
- "Condoms and Sexually Active Youth" www.fhi.org/NR/rdonlyres/eyrt4uecb77b6v62y3yl2vilhizuvilywe27brxi4oxevfjmhzy5nf5tq2ynw2xgcqlfw23s sjrq5o/YouthLens+Number+5.pdf, YouthNet, YouthLens on Reproductive Health and HIV/AIDS, March 2003, PDF, 4 pages.
- "Information about Contraception for Young People"
 www.avert.org/cpills.htm, AVERT AIDS Education & Research Trust, updated June 2006, PDF, 8 pages.
- "Making Condom Use an Accepted Social Behavior for Young People in Developing Countries" www.pathfind.org/pf/pubs/focus/pubs/YARH%20Briefs/bri7fin.pdf, FOCUS on Young Adults/Pathfinder International, by Robert Ainslie Johns, no date, PDF, 2 pages.

Sexually-Transmitted Infections, including HIV/AIDS

- "Applying Social Franchising Techniques to Youth Reproductive Health/HIV Services" www.fhi.org/NR/rdonlyres/etdpo24ma6cu2bvuewr73oldfpm4icnnxakmuw3u36wb4iim7jzm5ejefnmjjn3jknd 37m7kgswnif/Yl2final3.pdf, Youth Issues Paper 2, Family Health International, YouthNet Program, by Steven LaVake, 2003, PDF, 32 pages.
- "Care for Children Infected and Those Affected by HIV/AIDS: A Handbook for Community Health Workers"
 www.womenchildrenhiv.org/pdf/p08ch/ch0300.pdf, Save the Children UK - Uganda, 2003, PDF, 123 pages.
- "HIV & AIDS: Information for Young People" www.avert.org/young.htm, AVERT AIDS Education & Research Trust, updated November 2005, PDF, 10 pages.















- "HIV: Voluntary Counseling and Testing" www.fhi.org/NR/rdonlyres/evvvbniipd27rmisrvlaabwljtw32xpxm5rufnnyoxiy2wejg6jpz372upamenpwafbjge xedirfpn/YouthLens+Number+3.pdf, YouthNet, YouthLens on Reproductive Health and HIV/AIDS, July 2002, PDF, 4 pages.
- "IPPF Youth Working Group on HIV/AIDS" http://content.ippf.org/output/ORG/files/11791.pdf, International Planned Parenthood, November 2002, PDF, 33 pages.
- "Lesbians, Bisexual Women and Safe Sex" www.avert.org/lesbiansafesex.htm, AVERT AIDS Education & Research Trust, updated 2005, PDF, 3 pages.
- "New Resources Available on Youth Reproductive Health and HIV Prevention" www.fhi.org/en/Youth/YouthNet/Publications/YouthLens+English.htm, YouthNet, YouthLens, July 2002, PDF, 4 pages. Also available in French and Spanish.
- "Our Voice, Our Future: Young People Report on Progress Made on UNGASS Declaration of Commitment on HIV/AIDS"
 www.unfpa.org/upload/lib_pub_file/417_filename_ReportLow.pdf, UNFPA, 2005, PDF, 26 pages.
- "Preventing HIV/AIDS among Adolescents through Integrated Communication Programming" <u>www.unfpa.org/upload/lib_pub_file/224_filename_hiv_adolescents02.pdf</u>, UNFPA, 2003, PDF, 115 pages.
- "Preventing HIV/AIDS in Young People" www.unfpa.org/upload/lib_pub_file/639_filename_preventing_eng.pdf, WHO, 2006, PDF, 4 pages.
- "Preventing HIV/AIDS in Young People: A Systematic Review of the Evidence from Developing Countries"
 www.unfpa.org/upload/lib_pub_file/633_filename_preventing.pdf, WHO, 2006, PDF, 357 pages.
- "Sexually Transmitted Infections among Adolescents: The Need for Adequate Health Services" www.who.int/childadolescenthealth/New_Publications/ADH/ISBN_92_4_156288_9.pdf, Department of Child and Adolescent Health and Development, WHO, 2005, by Karl Dehne and Gabrielle Riedner, PDF, 93 pages.
- "Young People and HIV/AIDS: Opportunity in Crisis"
 www.unicef.org/adolescence/files/pub_youngpeople_hivaids_en.pdf, UNICEF, 2002, PDF, 27 pages.
- "Young People and STDs/HIV/AIDS: Part II: Programs to Address the Problem"
 www.pathfind.org/pf/pubs/focus/IN FOCUS/HIVII.html, In Focus series, by Judith Senderowitz, December 1997, 5 pages.
- "Youth Livelihoods and HIV/AIDS" <u>www.pathfind.org/pf/pubs/focus/IN FOCUS/jan_2001.htm</u>, *In Focus* series, prepared by James Rosen, January 2001, 12 pages.
- "Young Gay Men Sex and AIDS" www.avert.org/ygmt5.htm, AVERT AIDS Education & Research Trust, updated 2005, PDF, 3 pages.















Gender-based Violence

- **Clinical Management of Survivors of Rape: Developing Protocols for Use with Refugees and Internally Displaced Persons"
 <u>www.who.int/reproductivehealth/publications/clinical mngt survivors of rape/clinical mngt survivors of rape.pdf</u>
 2005 revised edition, World Health Organization, PDF, 76 pages.
- "A Practical Approach to Gender-based Violence: A Programme Guide for Health Care Providers and Managers"
 www.unfpa.org/upload/lib_pub_file/99_filename_genderbased.pdf, UNFPA, 2001, PDF, 68 pages. Also available in French and in Microsoft Word format in English, French and Spanish.
- "Sexual Abuse and Young Adult Reproductive Health" <u>www.pathfind.org/pf/pubs/focus/IN FOCUS/sexabuseinfocus.html</u>, *In Focus* series, prepared by Stephanie Shanler, 6 pages.
- ** "Sexual and Gender-based Violence against Refugees and Internally Displaced Persons: Guidelines for Prevention and Response" www.rhrc.org/pdf/gl_sgbv03.pdf, UNHCR, May 2003, PDF, 168 pages.
- "Unsafe Schools: A Literature Review of School-Related Gender-based Violence in Developing Countries"
 www.usaid.gov/our_work/cross-cutting_programs/wid/pubs/unsafe_schools_literature_review.pdf, USAID, by Wellesley Centers for Research on Women and Development & Training Services, 2003, PDF, 158 pages.

APPROACHES AND INTERVENTIONS

General

"A Review of Program Approaches to Adolescent Reproductive Health" <u>www.poptechproject.com/pdf/review06_00.pdf</u>, USAID and Population Technical Assistance Project, 2000, by Judith Senderowitz, PDF, with Annexes: PDF - <u>www.poptechproject.com/pdf/review06_00_anx.pdf</u> and WordPerfect - <u>www.poptechproject.com/pdf/review06_00_anxf.wpd</u>, 38 pages total.

Monitoring & Evaluation

- "A Guide to Monitoring and Evaluating Adolescent Reproductive Health Programs. Part I: The HOW TOs of Monitoring" www.pathfind.org/pf/pubs/focus/guidesandtools/PDF/Part I.pdf, FOCUS on Young Adults/Pathfinder International: Tool Series 5, June 2000, by Susan Adamchak, Katherine Bond, Laurel MacLaren, Robert Magnani, Kristin Nelson and Judith Seltzer, PDF, 285 pages.
- "A Guide to Monitoring and Evaluating Adolescent Reproductive Health Programs. Part II: Instruments and Questionnaires" www.pathfind.org/pf/pubs/focus/guidesandtools/PDF/Part II.pdf, FOCUS on Young Adults/Pathfinder International: *Tool Series 5*, June 2000, by Susan Adamchak, Katherine Bond, Laurel MacLaren, Robert Magnani, Kristin Nelson and Judith Seltzer, PDF, 179 pages.















- "Clinic Assessment of Youth Friendly Services: A Tool for Assessing and Improving Reproductive Health Services for Youth"
 www.pathfind.org/site/DocServer/mergedYFStool.pdf?docID=52
 Pathfinder International, by Judith Senderowitz, Cathy Solter, Gwyn Hainsworth, 2002, PDF, 24 pages.
- "How to Conduct Effective Pretests" www.fhi.org/NR/rdonlyres/ehxsfpbhylr5e3fh56wvexmqip3ebo3yfekhhv6iyo42miw7y47uagyvd2ao3pply42 7s3cpo25zsj/conducteffectivepretest.pdf, Family Health International, developed by AIDS Control and Prevention (AIDSCAP) Project's Behavioral Change Communication Unit, PDF, 55 pages.
- "Listening to Young Voices: Facilitating Participatory Appraisals on Reproductive Health with Adolescents Part 1 of 2" www.pathfind.org/pf/pubs/focus/RPPSPapers/pla1.pdf, FOCUS on Young Adults and CARE International-Zambia, 1999, by Meera Kaul Shah with Rose Zambezi and Mary Siamsiku, PDF, 12 pages.
- "Listening to Young Voices: Facilitating Participatory Appraisals on Reproductive Health with Adolescents Part 2 of 2"
 <u>www.pathfind.org/pf/pubs/focus/RPPSPapers/pla2.pdf</u>, FOCUS on Young Adults and CARE International-Zambia, 1999, by Meera Kaul Shah with Rose Zambezi and Mary Siamsiku, PDF, 88 pages.
- "Monitoring and Evaluation Tool Kit" <u>www.rhrc.org/resources/general_fieldtools/toolkit/index.htm</u>, Columbia University on behalf of the Reproductive Health Response in Conflict (RHRC) Consortium, 2004.
- "Peer Promotion Programs and Social Networks in Ghana: Methods for Monitoring and Evaluating AIDS Prevention and Reproductive Health Programs among Adolescents and Young Adults" Available hardcopy only, from the Women's Commission upon request. Article by R. Cameron Wolf, Linda A. Tawfik, Johns Hopkins School of Hygiene and Public Health, and Katherine C. Bond, Tulane University of Hygiene and Tropical Medicine. Journal of Health Communication, Volume 5 (Supplement), 2000, pages 61-80.

Peer Education

- "Are Peer Delivered Health Promotion Interventions Effective for Young People?" www.globalhealth.org/assets/publications/peer_ed.pdf, Global Health Council, AIDSLink: Issue 79, 1 May 2003, PDF, 1 page.
- "Guide to Implementing TAP (Teens for AIDS Prevention): A Peer Education Program to Prevent HIV and STIs"
 www.advocatesforyouth.org/publications/TAP.pdf, Advocates for Youth, 2002, PDF, 198 pages.
- "GUIDELINES: Peer Education: Successfully Promoting Youth Sexual and Reproductive Health. www.ippf.org/about/pdf/PeerEdManualen.pdf, International Planned Parenthood Federation, Vision 2000 Funds, 2002, PDF, 8 pages. Also in French.
- "How to Create an Effective Peer Education Project" www.fhi.org/NR/rdonlyres/efec2fjcedftpcqabrs5oluwwvdu5jofqmwg6hwjkwrl7gsgpzjt24ceuyccva4vvsbgyd x3fwgwdo/createeffectpeereducation.pdf, Family Health International, developed by AIDS Control and Prevention (AIDSCAP) Project's Behavioral Change Communication Unit, PDF, 35 pages.















- "LESSONS LEARNT: The Peer Education Approach in Promoting Youth Sexual and Reproductive Health

 A Report on Study in 5 countries."
 www.ippf.org/about/pdf/PEER_EDUCATION_130603.pdf, International Planned Parenthood Federation,
 December 2001, PDF, 69 pages.
- "Peer to Peer: Creating Successful Peer Education Programs"
 www.ippfwhr.org/publications/download/monographs/PeertoPeer_E.pdf, IPPF/WHR, September 2004, PDF, 56 pages.
- "Peer Approach in Adolescent Reproductive Health Education: Some Lessons Learned" www.unescobkk.org/ips/arhweb/resources/repackpeer.cfm, UNESCO Regional Clearing House on Population Education and Communication, Asia and Pacific Regional Bureau for Education, with UNFPA; Bangkok, Thailand, 2003, PDF, 74 pages.
- "Setting Standards for Youth Participation: Self-Assessment Guide for Governance and Programmes" http://content.ippf.org/output/ORG/files/11970.pdf, Adolescent Youth Unit, IPPF, 2004, PDF, 48 pages.
- "Training of Trainers Manual: Youth Peer Education Toolkit"
 www.fhi.org/NR/rdonlyres/er5r5l4cwghbr336eqs3z5c3q7xokveougqupqov5sqpadbftyctjs434bwiged2norg
 2azfwrszbe/YPeerTOTfull.pdf, UNFPA, 2005, PDF, 211 pages.
- "Using Peer Promoters in Reproductive Health Programs for Youth" <u>www.pathfind.org/pf/pubs/focus/IN FOCUS/peerpromoters.html</u>, *In Focus* series, December, 1997, by Judith Senderowitz, 5 pages.
- "Youth Friendly Sexual and Reproductive Health Services: An Assessment of Facilities"
 www.pathfind.org/site/DocServer/Youth_Friendly_Services_Summary_Assessment_Report_Tanzan.pdf?
 docID=4381, African Youth Alliance/Pathfinder, 2003, PDF, 28 pages.
- "Youth Peer Education in Reproductive Health and HIV/AIDS: Progress, Process and Programming for the Future" www.fhi.org/NR/rdonlyres/em7o6gq65ntn3p5cdtq2g3pqut5rxhs7afrnu64vmmva36aydt65naap6vaxyezz42 bvaeuoohof6a/YI7.pdf, Youth Issues Paper 7, Family Health International, YouthNet Program, by Susan Adamchak, 2006, PDF, 33 pages.

Adolescent-friendly Services / Working with Youth

- "Adolescent Friendly Health Services: An Agenda for Change"
 www.who.int/childadolescenthealth/New_Publications/ADH/WHO_FCH_CAH_02_14.pdf, World Health Organization, 2003, by Peter McIntyre, PDF, 48 pages.
- "Clinic Assessment of Youth Friendly Services: A Tool for Assessing and Improving Reproductive Health Services for Youth"
 <u>www.pathfind.org/site/DocServer/mergedYFStool.pdf?docID=521</u>, Pathfinder International, 2002, by Judith Senderowitz, Cathy Solter and Gwyn Hainsworth, PDF, 22 pages.
- "Do Youth-Friendly Services Make A Difference?"
 www.pathfind.org/pf/pubs/focus/IN FOCUS/Makeadifference.html, In Focus series, November 2000, prepared by Judith Senderowitz, 4 pages.















- "Intervention Strategies that Work for Youth: Summary of FOCUS on Young Adults End of Program Report"
 www.fhi.org/NR/rdonlyres/ecjy54bmstxyloubx723zzift7hzpn7eusve45fa3335j2oblm4cz26bl6kpxdlsokuvnr y44jhv2i/Ylpaper1.pdf, Youth Issues Paper 1, Family Health International, YouthNet Program, 2002, PDF, 32 pages. Also available in Spanish and French.
- "Meeting the Needs of Young Clients: A Guide to Providing Reproductive Health Services to Adolescents. A Handbook."
 www.fhi.org/NR/rdonlyres/ecjy54bmstxyloubx723zzift7hzpn7eusve45fa3335j2oblm4cz26bl6kpxdlsokuvnr y44jhv2i/Ylpaper1.pdf, Family Health International, 2000, by Barbara Barnett with Jane Schueller, PDF, 107 pages.
- "Providing Reproductive Health Services to Adolescents: Module 16 of the Comprehensive Reproductive Health and Family Planning Training Curriculum" www.pathfind.org/site/PageServer?pagename=Publications Training and Capacity Building CRHFP, by Judith Senderowitz, Cathy Solter, and Gwyn Hainsworth, Pathfinder International, March 2001, PDF, 250 pages.
- "A Rapid Assessment of Youth Friendly Reproductive Health Services" <u>www.pathfind.org/site/DocServer/YFS_TG_Final_web_version.pdf?docID=762</u>, Technical Guidance Series, Pathfinder International, 2003, by Judith Senderowitz, Gwyn Hainsworth and Cathy Solter, PDF, 12 pages.
- "Reaching Out-of-School Youth with Reproductive Health and HIV/AIDS Information and Services" <u>www.fhi.org/NR/rdonlyres/egkwwx7wo3ry3o5vwgn6bhsxcbir5fxzr2f23ke7r2dmnts2koqs6isgvbsydjlyiuh5i3</u> <u>3gmunfbh/YI4final.pdf</u>, Youth Issues Paper 4, FHI, YouthNet Program, 2004, PDF, 34 pages.
- ★ "Work with Adolescent Refugees: It's Their Right and Your Duty"

 <u>www.rhrc.org/pdf/unhcr_paper_new.pdf</u>, UNHCR and the Women's Commission for Refugee Women and Children, PDF, 6 pages.
- "Your Comments Count!" www.ippfwhr.org/publications/publication_detail_e.asp?PublD=41, International Planned Parenthood Federation/Western Hemisphere Region, 2002, 5 PDF documents. A client exit survey to assess the level of satisfaction of young clients with the services they receive and to help providers and administrators identify areas for improvement in their service provision to young people. Also in French & Spanish.

Community Involvement

- "Advocating for Adolescent Reproductive Health: Addressing Cultural Sensitivities" <u>www.pathfind.org/pf/pubs/focus/IN FOCUS/nov_2000.htm</u>, *In Focus* series, November 2000, prepared by James Rosen, 10 pages.
- "Youth as Assets: Building Effective Youth-Adult Partnerships" <u>www.pathfind.org/pf/pubs/focus/pubs/YARH Briefs/bri3fin.pdf</u>, FOCUS on Young Adults. by Jane Norman and Kent Klindera, Advocates for Youth, PDF, 2 pages.
- "Youth-Adult Partnerships Show Promise" www.fhi.org/NR/rdonlyres/eggz2txzvru5f6ykaj2rap2ul6wyqc7ot4h43sbmwid3bjsd572nvm24vmoas4swod hzbrnwdgxjdn/YouthLens+Number+4.pdf, YouthNet, YouthLens on Reproductive Health and HIV/AIDS, March 2003, PDF, 4 pages.















Parental Involvement

- "Involving Parents in Reproductive Health Education for Youth" www.pathfind.org/pf/pubs/focus/IN FOCUS/inv_parents.htm, In Focus series, prepared by Peter Purdy and Clare Ramsey of the Margaret Sanger Center International of Planned Parenthood of New York, no date, 5 pages.
- "Parent/Child Communication About Sex: Morals, Values, and Parenting Skills"
 www.pathfind.org/pf/pubs/focus/pubs/YARH Briefs/bri1fin.pdf, FOCUS on Young Adults/Pathfinder International, by Shirley Oliver-Miller, Margaret Sanger Center International, PDF, 2 pages.

Male Involvement

- "Boys in the Picture" www.who.int/childadolescenthealth/New_Publications/ADH/WHO_FCH_CAH_00.8.pdf, World Health Organization PDF, 32 pages. A multilingual advocacy document about why program and policy makers should pay more attention to boys. In English, French, Spanish and Portuguese.
- "It Takes 2: Partnering with Men in Reproductive and Sexual Health" <u>www.unfpa.org/upload/lib_pub_file/153_filename_itTakes2.pdf</u>, UNFPA Programme Advisory Note, 2003, PDF, 59 pages. *In English, French and Spanish*.
- "Reaching Young Men with Reproductive Health Programs" www.pathfind.org/pf/pubs/focus/IN FOCUS/ReachingYoungMen.doc, In Focus series, developed by developed by Barbara Boyd and Carolyn Moore, Word Document, 8 pages.
- "What About Boys? A Literature Review on the Health and Development of Adolescent Boys" www.who.int/childadolescenthealth/New_Publications/ADH/WHO_FCH_CAH_00.7.pdf, World Health Organization, Department of Child and Adolescent Health and Development, 2000, PDF, 58 pages.
- "Working with Adolescent Boys: Programme Experiences"
 www.who.int/childadolescenthealth/New_Publications/ADH/WHO_FCH_CAH_00.10.htm, World Health Organization, Health and Development, Department of Child and Adolescent, 2000, 33 pages.
- "Working with Adolescent Boys: Workshop Report"
 <u>www.who.int/child-adolescent-health/New_Publications/ADH/Boys_Report/WHO_FCH_CAH_00.9.htm</u>,
 World Health Organization, Geneva Workshop on Working with Adolescent Boys, May 1999, 33 pages.

Miscellaneous / Other

- "Life Skills Approaches to Improve Young Adult Reproductive Health" www.pathfind.org/pf/pubs/focus/pubs/YARH Briefs/bri2fin.pdf, FOCUS on Young Adults/Pathfinder International, by Cecilia Moya, Advocates for Youth, PDF, 2 pages.
- "Reaching Indigenous Youth with Reproductive Health Information and Services"
 www.pathfind.org/pf/pubs/focus/IN FOCUS/Indigenous.htm, In Focus series, February 1999, developed by Marguerite M. Farrell, James E. Rosen and Anne Terborgh, 5 pages.















- "Reaching Newlywed and Married Adolescents"
 <u>www.pathfind.org/pf/pubs/focus/IN FOCUS/reach newlywed married.htm</u>, *In Focus* series, July 1999, developed by Dr. M. Alauddin, Pathfinder Bangladesh and Laurel MacLaren, 9 pages.
- "Reaching Socially Marginalized Youth"
 www.pathfind.org/pf/pubs/focus/IN FOCUS/Reaching Socially Marginalized Youth.htm, In Focus series, March 1999, developed by Christine Stevens, 7 pages.
- "Reaching the Youngest Adolescents with Reproductive Health Programs" www.pathfind.org/pf/pubs/focus/IN FOCUS/PDF/jan00.pdf, In Focus series, January 2000, by Laura Sedlock, PDF, 4 pages.
- "Reproductive Health Programs for Young Adults: Health Facility Programs" www.pathfind.org/pf/pubs/focus/IN FOCUS/if clinics form.html, In Focus series, August 1998, prepared by Judith Senderowitz, 5 pages.
- "Reproductive Health Programs for Young Adults: Outreach Programs" www.pathfind.org/pf/pubs/focus/IN FOCUS/if outre form.html, In Focus series, August 1998, prepared by Judith Senderowitz, 6 pages.
- "Reproductive Health Programs for Young Adults: School-Based Programs"
 www.pathfind.org/pf/pubs/focus/IN FOCUS/if school form.html, In Focus series, August 1998, prepared by Isolde Birdthistle and Cheryl VinceWhitman, 5 pages.
- "Youth Livelihoods and HIV/AIDS" www.pathfind.org/pf/pubs/focus/IN%20FOCUS/jan_2001.htm, In Focus series, January 2001, prepared by James Rosen, 12 pages.

TRAINING MATERIALS

Running Focus Groups, Interviewing & Interacting with Adolescents

- "Asking Young People About Sexual and Reproductive Behaviors: Illustrative Core Instruments Introduction"
 www.who.int/reproductivehealth/adolescent/docs/qestionnaire_intro.pdf, UNDP/UNFPA/WHO/World Bank Special Programme and Research Training in Human Reproduction (HRP), 2001, by John Cleland, Roger Ingham and Nicole Stone, PDF, 20 pages.
- "Asking Young People About Sexual and Reproductive Behaviors: Illustrative Core Instruments Questionnaire" www.who.int/reproductivehealth/adolescent/docs/qestionnaire_intro.doc, UNDP/UNFPA/WHO/World Bank Special Programme, Research Training in Human Reproduction (HRP), 2001, by John Cleland, Roger Ingham and Nicole Stone, Word Document, 42 pages.
- "Focus Group Discussions: Topic Guide for Group Discussions with Young People" <u>www.who.int/reproductivehealth/adolescent/docs/fgd_question_ex.pdf</u>, World Health Organization, no date PDF, 11 pages.
- "In-depth Interviews: Topic Guide for Individual Interviews with Young People" (<u>www.who.int/reproductivehealth/adolescent/docs/idi_question_ex.pdf</u>, World Health Organization, no date, PDF, 31 pages.















- Reproductive Health Questions for Refugee Adolescents/Youth" www.rhrc.org/resources/general_fieldtools/toolkit/40a%20Adolescent%20FGD.doc, Women's Commission, Word Document, 2 pages.
- "Topics for Individual Interviews and Focus Group Discussions: Partner selection, Sexual Behaviour and Risk Taking"
 <u>www.who.int/reproductivehealth/adolescent/docs/fgd_idi_notes.pdf</u>, by Roger Ingham and Nicole Stone, no date, PDF, 5 pages.

Curricula

- "Changing Times: Information about Puberty for Boys and Girls"
 www.avert.org/media/pdfs/puberty.pdf, AVERT, 1999, PDF, 28 pages.
- "Facilitator Guidelines for Sexually Transmitted Infections in Adolescents"
 www.who.int/childadolescenthealth/New Publications/ADH/OP FG G STI.pdf, WHO, 2003, PDF, 34 pages.
- "Games for Adolescent Reproductive Health: An International Handbook" <u>www.path.org/files/gamesbook.pdf</u>, Program for Appropriate Technology in Health (Path), 2002, PDF, 69 pages.
- "Gender or Sex: Who Cares?" www.ipas.org/publications/en/GENDERSEX_E01_en.pdf, Ipas, 2001, PDF, 96 pages. A skills-building resource pack on gender and reproductive health for adolescents and youth workers, with a special emphasis on violence, HIV/STIs, unwanted pregnancy and unsafe abortion. Includes a manual, curriculum cards and overhead transparencies/handouts. Also available in Spanish.
- "Gender or Sex: Who Cares? Notes for the Training of Trainers"
 www.ipas.org/publications/es/GENDSEXTOT_SNY_es.pdf, Ipas, 2001, PDF, 68 pages.
 Also in Spanish www.ipas.org/publications/es/GENDSEXTOT_SNY_es.pdf
- "Guidelines for the Adaptation of the WHO Orientation Programme on Adolescent Health for Health Care Providers"
 www.who.int/childadolescenthealth/New_Publications/ADH/OP_Adaptation_Guide.pdf,
 UNFPA/WHO/UNICEF, 2006, PDF, 27 pages.
- "Providing Reproductive Health Services to Adolescents: Module 16 of the Comprehensive Reproductive Health and Family Planning Training Curriculum" www.pathfind.org/pf/pubs/module16 complete.pdf, Pathfinder International, March 2001, by Judith Senderowitz, Cathy Solter and Gwyn Hainsworth, PDF, 250 pages.
- "Providing Reproductive Health Services to Adolescents: Module 16 of the Comprehensive Reproductive Health and Family Planning Training Curriculum. Participant's Guide" www.pathfind.org/pf/pubs/module16 participantsguide complete.pdf, Pathfinder International, June 2002, by Judith Senderowitz, Cathy Solter and Gwyn Hainsworth, PDF, 222 pages.
- "Reproductive Health of Young Adults: Contraception, Pregnancy and Sexually Transmitted Infections/HIV"
 <u>www.fhi.org/training/en/modules/ADOL/tools.htm</u>, Family Health International, PowerPoint presentation, presenter and student notes, ARH fact sheet, post-test, evaluation, activity notes, etc, 2003.















- "The Young Person's Guide to the UN Convention on the Rights of a Child and Sexual and Reproductive Health"
 http://content.ippf.org/output/ORG/files/7541.pdf, International Planned Parenthood Federation, no date, PDF, 1 page booklet.
- "Youth Friendly Services: a Manual for Service Providers"
 www.engenderhealth.org/res/offc/qi/yfs/pdf/yfs.pdf, Engender Health, 2002, PDF, 234 pages.

Funding & Sustainability

- "Guide for Designing Results-Oriented Projects & Writing Successful Proposals"
 <u>www.ippfwhr.org/publications/download/monographs/proposal_guide_e.pdf</u>, International Planned
 Parenthood Federation/Western Hemisphere Region, December 2002, PDF, 47 pages. *Also available in Spanish*.
- "Links to Funding Resources" www.reliefweb.int/training/funding.html, ReliefWeb, 1 page.
- "Researching Grants and Funding Resources Online" www.unites.org/Html/Resource/knowledge/07grants.htm, United Nations Information Technology Service (UNITeS), 4 pages. Some portions, but not everything, on this page are applicable to adolescent reproductive health projects and their funding.
- "Sustaining the Benefits: A Field Guide For Sustaining Reproductive and Child Health Services" <u>www.ngosupport.net/graphics/NGO/documents/english/555_EDPA_sustainingthebenefits.pdf</u>, CEDPA Training Manual Series, January 2003, PDF, 187 pages.

Advocacy & Policy

- "Activism Guide and Links" www.thebody.com/govt/activist.html, The Body: An AIDS and HIV Information Resource, 3 pages, plus links.
- "Advocacy Guide for HIV/AIDS"
 <u>www.ippfwhr.org/publications/publication_detail_e.asp?PublD=60</u>, International Planned Parenthood Federation, June 2001, by Jeremy Hamand, PDF file, 31 pages. *Also available in Spanish and Portuguese*.
- "Advocacy Guide for Sexual and Reproductive Health and Rights"
 <u>www.sharenet.nl/assets/images/IPPF_Advocacy_Guide_RH_2001.pdf</u>, International Planned Parenthood Federation, July 2001, revised and edited by Claire Hoffman with additional contributors Gwyneth Henderson and Evert Ketting, PDF, 66 pages.
- "Advocating for Adolescent Reproductive Health: Addressing Cultural Sensitivities"
 www.pathfind.org/pf/pubs/focus/IN FOCUS/nov_2000.htm, In Focus series, November 2000, prepared by James Rosen, PDF, 10 pages.















- "Formulating and Implementing National Youth Policy: Lessons from Bolivia and the Dominican Republic" <u>www.icnyp.net/www/files/nyp_bolivia.pdf</u>, FOCUS on Young Adults/Pathfinder International, 2000, by James E. Rosen, PDF, 64 pages.
- "A Framework to Assist Countries in the Development and Strengthening of National and District Health Plans and Programmes in Reproductive Health: Suggestions for Programme Managers" www.who.int/reproductivehealth/publications/RHR_02_2/regional_reproductive_health_advisers_report_a nnexes.pdf, World Health Organization, 2002, PDF, 20 pages. A report based on the meeting of Regional Advisers in Reproductive Health, WHO, Geneva, 21-24 August 2000.

Behavioral Change

- "Changing Youth Behavior through Social Marketing: Program Experiences and Research Findings from Cameroon, Madagascar, and Rwanda" www.psi.org/resources/pubs/PSIChangingBehavior.pdf, Population Reference Bureau, with Population Services International, September 2003, by Josselyn Neukom and Lori Ashford, PDF, 24 pages. Also in French.
- "Impact of Sex and HIV Education Programs on Sexual Behaviors of Youth in Developing and Developed Countries"
 www.fhi.org/NR/rdonlyres/ea77gewes4v3axgiyrnkrpmixaph6cmaesuz3nccrodokejfmerwzi5lsgvvmwl3yfeg ftswh5m5gc/sexedworkingpaperfinal.pdf, FHI Youth Research Working Paper 2, FHI, 2005, PDF, 56 pages.

Experiences/Evaluation of Various Programs & Organizations

- ★ "Best Practices Compendium: Health of Adolescent Refugees Project"

 <u>www.rhrc.org/resources/adolescents/ARH MR list2.html</u>, Family Health International, 1999, PDF, 4

 pages. Describes the main points and the evaluation of projects in Egypt, Uganda and Zambia.
- "Developing an Interactive STD Prevention Program for Youth: Lessons from a North Indian Slum" <u>www.who.int/reproductivehealth/publications/towards_adulthood/24.pdf</u>, by Shally Awasthi; Mark Nichter; V.K. Pande, Studies in Family Planning, Vol. 31, No. 2, June 2000, pages 138-150.
- "The Experience of IPPF/WHR Providing Youth Reproductive Health Services" <u>www.fhi.org/NR/rdonlyres/es2qd3sqjkpxdyha4hmamimmdm7zmym2yzyrtstabfp2eebaqr6omoqirtz4m5gldv4tl555rg3uij/ExperienceofIPPFWHR.pdf</u>, International Planned Parenthood Federation/Western Hemisphere Region, Alejandra Meglioli, "Focus on Young Adults: End of Program Conference," 19 November 2001, PowerPoint presentation, 14 slides.
- Growing in Confidence: Programming for Adolescent Health Lessons from Eight Countries" http://www.who.int/reproductive-health/publications/cah_docs/cah_02_13.pdf, World Health Organization, 2002, PDF, 44 pages. This document presents eight country examples (Costa Rica, Malaysia, Mexico, Philippines, South Africa, Tanzania, Thailand and Tunisia) of ongoing adolescent health and development programs to illustrate how these programs are learning from experience and growing in confidence.















- "Information, Education and Communication: Lessons from the Past; Perspectives for the Future" www.who.int/reproductivehealth/publications/RHR 01 22/information education communication lesson s_from_past.pdf, World Health Organization, Department of Reproductive Health and Research, 2001, PDF, 41 pages.
- * "Programs for Adolescents: Reproductive Health Merit Badge for Scouts" www.fhi.org/en/RH/Pubs/Network/v20 3/NWvol20-3girlscts.htm, Family Health International, Network 2000, Vol. 20 No. 3, 4 pages. To address the unique health needs of adolescent refugees, the World Association of Girl Guides and Girl Scouts (WAGGGS) and FHI developed a comprehensive training and peer education project. The Health of Adolescent Refugees Project (HARP) allows young women to earn a merit badge by completing a series of activities that include teaching others about reproductive health. Also available in Spanish and French.

General & Other ARH Materials

- "Obstetric Fistula: Needs Assessment Report. Findings from Nine African Countries" www.unfpa.org/fistula/docs/fistulaneedsassessment.pdf, UNFPA and EngenderHealth, 2003, PDF, 98 pages.
- "Listening to Young Voices: Facilitating Participatory Appraisals on Reproductive Health with Adolescents"

Part 1 - www.pathfind.org/site/DocServer/Focus Tool 1 Part 1.pdf?docID=7761
Part 2 - www.pathfind.org/site/DocServer/Focus Tool 1 Part 2.pdf?docID=7762
Pathfinder, 1999.

- "Reaching Youth Worldwide: Working Paper 6" www.jhuccp.org/pubs/wp/6/6.pdf, Johns Hopkins University Center for Communication Programs, April 2002, by Anne Palmer, PDF, 40 pages.
- * "Refugee Children: Guidelines on Protection and Care" www.unhcr.org/cgibin/texis/vtx/protect/opendoc.pdf?tbl=PROTECTION&id=3b84c6c67, United Nations High Commissioner for Refugees, 2001, PDF, 76 pages. Also available in Arabic, French, German, Russian, Spanish and Turkish.
- "Sex Education: Needs, Programs and Policies" www.guttmacher.org/presentations/sex_ed.ppt, The Alan Guttmacher Institute, September 2003, PowerPoint Presentation, 45 slides. This presentation from The Alan Guttmacher Institute brings together the latest information about sex education in the United States as it relates to the prevention of unintended pregnancies and sexually transmitted diseases (STDs). It includes background information about sexual activity among American youth, sex education policy and practice in public schools, the effectiveness of programs designed to delay sexual activity and to prevent unintended pregnancy and STDs among teenagers, and the disconnect between public opinion and public policy in this area.















- "The State of World Population 2003: Making 1 Billion Count: Investing in Adolescents' Health and Rights" www.unfpa.org/publications/detail.cfm?ID=154, UNFPA, 2003, PDF, 92 pages. Also available in Spanish, French, Russian and Arabic.
- "State of the World Population 2005: The Unmapped Journey: Adolescents, Poverty and Gender" www.unfpa.org/swp/2005/english/ch5/chap5_page1.htm, UNFPA, 2005. Chapter on reproductive health in the lives of adolescents and youth.

Country-Specific Materials

- "Adolescent and Youth Reproductive Health in Bangladesh: Status, Issues, Policies and Programs" <u>www.synergyaids.com/documents/Bangladesh_AdolescentRH.pdf</u>, POLICY Project, 2003, by Abul Barkat and Murtaza Majid, PDF, 26 pages.
- "Adolescent and Youth Reproductive Health in Cambodia: Status, Issues, Policies and Programs" www.synergyaids.com/documents/Cambodia_AdolescentRH.pdf, POLICY Project, 2003, by Graham Fordham, PDF, 30 pages.
- "Angola: Making Safe Sex Cool" www.irinnews.org/report.asp?ReportID=37265&SelectRegion=Southern_Africa&SelectCountry=ANGOLA UN Office for the Coordination of Humanitarian Affairs, 22 October 2003, PDF, 3 pages.
- "Assessment of Pilot Health Project Outcome Indicators: West Bank/Gaza" www.popcouncil.org/pdfs/frontiers/FR_FinalReports/West_Bank_Posttest_Survey.pdf, USAID funded study by Laila Nawar, Dale Huntington, Ibrahim Kharboush, Nancy Ali, Mahmoud Shaheen, May 2003, PDF, 48 pages.
- "Exploring Similarity between Peer Educators and their Contacts and AIDS: Protective Behaviours in Reproductive Health Programmes for Adolescents and Young Adults in **Ghana**" Available hardcopy only, from the Women's Commission upon request. By R. Cameron Wolf and K.C. Bond, AIDS CARE (2002), Vol. 14, No. 3, pp. 361-373.
- Growing in Confidence: Programming for Adolescent Health Lessons from Eight Countries" http://www.who.int/reproductive-health/publications/cah_docs/cah_02_13.pdf, World Health Organization, 2002, PDF, 44 pages. This document presents eight country examples (Costa Rica, Malaysia, Mexico, Philippines, South Africa, Tanzania, Thailand and Tunisia) of ongoing adolescent health and development programs to illustrate how these programs are learning from experience and growing in confidence.
- "HIV Prevention in Latin America: Reaching Youth in Colombia" Available hardcopy only, from the Women's Commission upon request. By F. Perez and F. Dabis. AIDS CARE, Vol. 15, No. 1 (2003), pp. 77-87.
- "Improving Female Recruitment, Participation and Retention Amongst Peer Educators Geração BIZ Program in Mozambique"
 <u>www.pathfind.org/site/DocServer/PF_Mozambique.pdf?docID=6221</u>, Pathfinder International, April 2006, PDF, 44 pages.















- "Participatory Learning and Action: Study of ARH programming in Ethiopia" www.fhi.org/NR/rdonlyres/ew4ewvprj5hlht3ha7dh4caydy5k2zad5dog3xbqs65zvm4j2ez6afzmgmk44agp5 2idesvvrq3r4k/YouthLens6.pdf, YouthNet, YouthLens on Reproductive Health and HIV/AIDS, March 2003, 4 pages.
- "Provision for Youth Friendly Services to Hard to Reach Young Person. The Story of Uganda Youth Development Link (UYDEL)"
 <u>www.pathfind.org/site/DocServer/UYDEL_BOOK_FINAL_Nov2005.pdf?docID=5181</u>, AYA/Pathfinder International, November 2005, PDF, 28 pages.
- "Report Card: HIV Prevention for Girls and Young Women", UNFPA, 2006
 Jamaica www.unfpa.org/hiv/docs/reportcards/jamaica.pdf, PDF, 4 pages.
 Malawi www.unfpa.org/hiv/docs/reportcards/malawi.pdf, PDF, 4 pages.
 Mozambique www.unfpa.org/hiv/docs/reportcards/mozambique.pdf, PDF, 4 pages.
 Philippines www.unfpa.org/hiv/docs/reportcards/philippines.pdf, PDF, 4 pages.
- "Reproductive Health of Young Adults in India: The Road to Public Health" <u>www.pathfind.org/site/DocServer/Pathfinder_Rheya.pdf?docID=7401</u>, Pathfinder International, September 2006, PDF, 12 pages.
- "Scaling Up Youth HIV/AIDS Prevention in Mozambique" www.pathfind.org/site/DocServer/insightsfromgeracaocombined.pdf?docID=361, Pathfinder International, December 2004, PDF, 48 pages.
- "Towards Adulthood: Exploring the Sexual and Reproductive Health of Adolescents in South Asia" www.who.int/reproductivehealth/publications/towards_adulthood/towards_adultwood.pdf, World Health Organization, 2003, edited by Sarah Bott, Shireen Jejeebhoy, Iqbal Shah and Chander Puri, PDF, 242 pages.
- "Youth in SubSaharan Africa: A Chartbook on Sexual Experience and Reproductive Health" www.phishare.org/files/167_YouthSubSaharanAfrica.pdf, Population Reference Bureau, April 2001, PDF, 48 pages. Also available in French.













